



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

**Wittig, Stefan**

Club: Wermsdorf  
Number: 435

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 2:36:06

Speed: 10.07 km/h  
Running performance: 5:58 min/km

Rank in course/Total: 202 (of 506)

Rank in course/Men: 184 (of 416)

Best time in course: 1:44:43

Rank in category: 23(of 45)

Best time in the category: 1:49:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:42	6:16	38	7:16	290	7:16	3.30	20:42	6:16	38	7:16	290	7:16
Bremer Hütte	2.40	16:37	6:55	31	5:31	211	5:31	5.70	37:19	6:32	34	12:47	256	12:47
Hermannsklippe	3.30	22:25	6:47	31	7:31	209	7:33	9.00	59:44	6:38	34	20:18	238	20:19
Brocken	3.10	29:30	9:30	27	10:30	195	11:09	12.10	1:29:14	7:22	32	30:48	222	31:28
Eiserner Handwe	3.60	18:13	5:03	15	5:08	146	5:41	15.70	1:47:27	6:50	30	35:12	205	37:09
Bremer Hütte	4.10	20:22	4:58	16	4:45	117	5:28	19.80	2:07:49	6:27	24	39:49	183	42:20
Loddenke	3.10	11:27	3:41	23	3:20	174	3:29	22.90	2:19:16	6:04	23	42:35	182	45:49
Ilseburg/Markt	3.30	16:50	5:06	27	5:21	225	5:34	26.20	2:36:06	5:57	23	46:47	184	51:23