



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Wittig, Christian

Club: Wermsdorf  
Number: 433

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 2:36:05

Speed: 10.07 km/h  
Running performance: 5:58 min/km

Rank in course/Total: 201 (of 506)

Rank in course/Men: 183 (of 416)

Best time in course: 1:44:43

Rank in category: 26(of 48)

Best time in the category: 1:44:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Loddenke	3.30	20:42	6:16	34	7:16	290	7:16	3.30	20:42	6:16	34	7:16	290	7:16	
Bremer Hütte	2.40	16:37	6:55	27	5:30	211	5:31	5.70	37:19	6:32	31	12:46	256	12:47	
Hermannsklippe	3.30	22:27	6:48	28	7:35	213	7:35	9.00	59:46	6:38	30	20:21	239	20:21	
Brocken	3.10	29:28	9:30	26	11:07	193	11:07	12.10	1:29:14	7:22	30	31:28	222	31:28	
Eiserner Handwe	3.60	18:12	5:03	19	5:40	145	5:40	15.70	1:47:26	6:50	27	37:08	204	37:08	
Bremer Hütte	4.10	20:36	5:01	18	5:25	129	5:42	19.80	2:08:02	6:27	26	42:33	185	42:33	
Loddenke	3.10	11:12	3:36	17	3:14	149	3:14	22.90	2:19:14	6:04	26	45:47	179	45:47	
Ilseburg/Markt	3.30	16:51	5:06	30	5:35	230	5:35	26.20	2:36:05	5:57	26	51:22	183	51:22	