



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Wedemeier, Uli

Club: Laatzen
Number: 526

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:36:08

Speed: 9.99 km/h
Running performance: 5:58 min/km

Rank in course/Total: 203 (of 506)

Rank in course/Men: 185 (of 416)

Best time in course: 1:44:43

Rank in category: 6(of 20)

Best time in the category: 2:24:51

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:13	6:07	8	2:38	267	6:47	3.30	20:13	6:07	8	2:38	267	6:47
Bremer Hütte	2.40	16:45	6:58	5	1:58	220	5:39	5.70	36:58	6:29	6	4:36	244	12:26
Hermannsklippe	3.30	22:24	6:47	5	1:43	208	7:32	9.00	59:22	6:35	6	6:19	227	19:57
Brocken	3.10	27:35	8:53	4	1:08	127	9:14	12.10	1:26:57	7:11	6	7:27	186	29:11
Eiserner Handwe	3.60	19:30	5:25	7	2:39	206	6:58	15.70	1:46:27	6:46	6	9:21	191	36:09
Bremer Hütte	4.10	22:28	5:28	7	2:37	213	7:34	19.80	2:08:55	6:30	6	10:19	193	43:26
Loddenke	3.10	11:23	3:40	5	1:13	166	3:25	22.90	2:20:18	6:07	6	10:45	189	46:51
Ilseburg/Markt	3.30	15:50	4:47	3	0:59	163	4:34	26.20	2:36:08	5:57	6	11:17	185	51:25