



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Latting, Charles

Club: LC BlueLiner
Number: 492

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:38:03

Speed: 9.95 km/h
Running performance: 6:02 min/km

Rank in course/Total: 218 (of 506)

Rank in course/Men: 199 (of 416)

Best time in course: 1:44:43

Rank in category: 25(of 52)

Best time in the category: 2:08:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:17	6:26	43	4:54	317	7:51	3.30	21:17	6:26	43	4:54	317	7:51
Bremer Hütte	2.40	16:50	7:00	26	2:56	230	5:44	5.70	38:07	6:41	41	7:43	284	13:35
Hermannsklippe	3.30	22:08	6:42	26	3:40	190	7:16	9.00	1:00:15	6:41	35	11:23	248	20:50
Brocken	3.10	27:10	8:45	10	4:47	113	8:49	12.10	1:27:25	7:13	23	14:29	193	29:39
Eiserner Handwe	3.60	20:21	5:39	36	6:08	246	7:49	15.70	1:47:46	6:51	25	19:17	212	37:28
Bremer Hütte	4.10	22:58	5:36	31	5:41	243	8:04	19.80	2:10:44	6:36	26	24:56	213	45:15
Loddenke	3.10	11:40	3:45	21	2:43	185	3:42	22.90	2:22:24	6:13	26	27:27	205	48:57
Ilseburg/Markt	3.30	15:39	4:44	16	2:41	151	4:23	26.20	2:38:03	6:01	25	29:54	199	53:20