



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Hoffmann, Michelle

Club: SC Bödefeld
Number: 480

Course: 26.20 km
26,2 km - Lauf

Category:
Frauen (20-29 Jahre)

Total time: 2:38:26

Speed: 9.92 km/h
Running performance: 6:03 min/km

Rank in course/Total: 221 (of 506)

Rank in course/Women: 20 (of 90)

Best time in course: 2:00:04

Rank in category: 6(of 11)

Best time in the category: 2:00:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	19:29	5:54	6	4:48	21	4:48	3.30	19:29	5:54	6	4:48	21	4:48
Bremer Hütte	2.40	16:34	6:54	6	3:33	17	3:33	5.70	36:03	6:19	6	8:21	19	8:21
Hermannsklippe	3.30	23:06	7:00	6	5:00	20	5:00	9.00	59:09	6:34	6	13:21	20	13:21
Brocken	3.10	30:31	9:50	6	6:50	21	7:04	12.10	1:29:40	7:24	6	20:11	18	20:11
Eiserner Handwe	3.60	18:46	5:12	5	5:25	19	5:25	15.70	1:48:26	6:54	6	25:36	19	25:36
Bremer Hütte	4.10	21:49	5:19	7	5:23	27	5:23	19.80	2:10:15	6:34	6	30:59	19	30:59
Loddenke	3.10	11:36	3:44	6	2:58	23	2:58	22.90	2:21:51	6:11	6	33:57	20	33:57
Ilseburg/Markt	3.30	16:35	5:01	6	4:25	30	4:25	26.20	2:38:26	6:02	6	38:22	20	38:22