



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Hoffmann, Martin

Club: SC Bödefeld
Number: 479

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:38:26

Speed: 9.92 km/h
Running performance: 6:03 min/km

Rank in course/Total: 223 (of 506)

Rank in course/Men: 202 (of 416)

Best time in course: 1:44:43

Rank in category: 26(of 52)

Best time in the category: 2:08:09

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:28	5:53	30	3:05	222	6:02	3.30	19:28	5:53	30	3:05	222	6:02
Bremer Hütte	2.40	16:36	6:55	25	2:42	209	5:30	5.70	36:04	6:19	26	5:40	215	11:32
Hermannsklippe	3.30	23:05	6:59	31	4:37	238	8:13	9.00	59:09	6:34	26	10:17	225	19:44
Brocken	3.10	30:35	9:51	30	8:12	231	12:14	12.10	1:29:44	7:24	29	16:48	231	31:58
Eiserner Handwe	3.60	18:43	5:11	21	4:30	171	6:11	15.70	1:48:27	6:54	27	19:58	218	38:09
Bremer Hütte	4.10	21:48	5:19	20	4:31	182	6:54	19.80	2:10:15	6:34	24	24:27	210	44:46
Loddenke	3.10	11:35	3:44	20	2:38	182	3:37	22.90	2:21:50	6:11	24	26:53	201	48:23
Ilseburg/Markt	3.30	16:36	5:01	27	3:38	208	5:20	26.20	2:38:26	6:02	26	30:17	202	53:43