



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Schaper, Christian

Club: Turbine Kiel
Number: 329

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:39:08

Speed: 9.88 km/h
Running performance: 6:04 min/km

Rank in course/Total: 229 (of 506)

Rank in course/Men: 208 (of 416)

Best time in course: 1:44:43

Rank in category: 38(of 58)

Best time in the category: 1:54:19

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:07	5:47	34	5:02	204	5:41	3.30	19:07	5:47	34	5:02	204	5:41
Bremer Hütte	2.40	15:22	6:24	25	2:51	119	4:16	5.70	34:29	6:02	31	7:50	165	9:57
Hermannsklippe	3.30	21:10	6:24	29	4:32	141	6:18	9.00	55:39	6:11	29	12:01	152	16:14
Brocken	3.10	29:09	9:24	38	8:32	180	10:48	12.10	1:24:48	7:00	35	20:29	166	27:02
Eiserner Handwe	3.60	22:16	6:11	48	8:59	321	9:44	15.70	1:47:04	6:49	38	29:03	195	36:46
Bremer Hütte	4.10	22:37	5:30	40	7:06	222	7:43	19.80	2:09:41	6:32	37	36:09	202	44:12
Loddenke	3.10	12:43	4:06	44	4:23	268	4:45	22.90	2:22:24	6:13	37	40:32	205	48:57
Ilseburg/Markt	3.30	16:44	5:04	40	4:17	218	5:28	26.20	2:39:08	6:04	38	44:49	208	54:25