



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Langner, Matthias

Club: Wedemark
Number: 237

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:39:10

Speed: 9.80 km/h
Running performance: 6:05 min/km

Rank in course/Total: 231 (of 506)

Rank in course/Men: 210 (of 416)

Best time in course: 1:44:43

Rank in category: 28(of 48)

Best time in the category: 1:44:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:55	5:43	24	5:29	193	5:29	3.30	18:55	5:43	24	5:29	193	5:29
Bremer Hütte	2.40	16:46	6:59	28	5:39	222	5:40	5.70	35:41	6:15	27	11:08	203	11:09
Hermannsklippe	3.30	22:39	6:51	30	7:47	222	7:47	9.00	58:20	6:28	28	18:55	200	18:55
Brocken	3.10	29:57	9:39	29	11:36	213	11:36	12.10	1:28:17	7:17	28	30:31	211	30:31
Eiserner Handwe	3.60	21:28	5:57	36	8:56	297	8:56	15.70	1:49:45	6:59	30	39:27	230	39:27
Bremer Hütte	4.10	21:57	5:21	23	6:46	189	7:03	19.80	2:11:42	6:39	30	46:13	221	46:13
Loddenke	3.10	11:40	3:45	25	3:42	185	3:42	22.90	2:23:22	6:15	28	49:55	216	49:55
Ilseburg/Markt	3.30	15:48	4:47	21	4:32	160	4:32	26.20	2:39:10	6:04	28	54:27	210	54:27