



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Warlich, Jens

Club: Harzer Bootcamp
Number: 415

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:39:14

Speed: 9.80 km/h
Running performance: 6:05 min/km

Rank in course/Total: 232 (of 506)

Rank in course/Men: 211 (of 416)

Best time in course: 1:44:43

Rank in category: 32(of 72)

Best time in the category: 2:13:51

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:34	5:37	27	3:08	155	5:08	3.30	18:34	5:37	27	3:08	155	5:08
Bremer Hütte	2.40	16:30	6:52	33	2:34	202	5:24	5.70	35:04	6:09	29	4:28	183	10:32
Hermannsklippe	3.30	22:51	6:55	36	4:16	233	7:59	9.00	57:55	6:26	33	8:44	196	18:30
Brocken	3.10	31:31	10:09	39	7:32	263	13:10	12.10	1:29:26	7:23	36	16:16	226	31:40
Eiserner Handwe	3.60	19:03	5:17	34	3:30	188	6:31	15.70	1:48:29	6:54	35	18:54	219	38:11
Bremer Hütte	4.10	22:26	5:28	35	3:56	210	7:32	19.80	2:10:55	6:36	34	22:08	216	45:26
Loddenke	3.10	11:49	3:48	33	2:39	203	3:51	22.90	2:22:44	6:13	32	22:32	209	49:17
Ilseburg/Markt	3.30	16:30	5:00	31	3:22	202	5:14	26.20	2:39:14	6:04	32	25:23	211	54:31