



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Böttrich, Rainer

Club: Team Gassenlauf
Number: 453

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:39:17

Speed: 9.87 km/h
Running performance: 6:05 min/km

Rank in course/Total: 233 (of 506)

Rank in course/Men: 212 (of 416)

Best time in course: 1:44:43

Rank in category: 33(of 72)

Best time in the category: 2:13:51

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 18:18 | 5:32 | 24 | 2:52 | 137 | 4:52 | 3.30 | 18:18 | 5:32 | 24 | 2:52 | 137 | 4:52 |
| Bremer Hütte | 2.40 | 17:03 | 7:06 | 42 | 3:07 | 242 | 5:57 | 5.70 | 35:21 | 6:12 | 33 | 4:45 | 192 | 10:49 |
| Hermannsklippe | 3.30 | 23:10 | 7:01 | 39 | 4:35 | 242 | 8:18 | 9.00 | 58:31 | 6:30 | 36 | 9:20 | 208 | 19:06 |
| Brocken | 3.10 | 32:48 | 10:34 | 51 | 8:49 | 296 | 14:27 | 12.10 | 1:31:19 | 7:32 | 44 | 18:09 | 253 | 33:33 |
| Eiserner Handwe | 3.60 | 19:13 | 5:20 | 35 | 3:40 | 195 | 6:41 | 15.70 | 1:50:32 | 7:02 | 41 | 20:57 | 241 | 40:14 |
| Bremer Hütte | 4.10 | 21:12 | 5:10 | 26 | 2:42 | 150 | 6:18 | 19.80 | 2:11:44 | 6:39 | 36 | 22:57 | 223 | 46:15 |
| Loddenke | 3.10 | 11:28 | 3:41 | 26 | 2:18 | 175 | 3:30 | 22.90 | 2:23:12 | 6:15 | 34 | 23:00 | 212 | 49:45 |
| Ilseburg/Markt | 3.30 | 16:05 | 4:52 | 25 | 2:57 | 178 | 4:49 | 26.20 | 2:39:17 | 6:04 | 33 | 25:26 | 212 | 54:34 |