



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Stengel, Torsten

Club: Airbus SG
Number: 371

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:39:27

Speed: 9.86 km/h
Running performance: 6:05 min/km

Rank in course/Total: 235 (of 506)

Rank in course/Men: 214 (of 416)

Best time in course: 1:44:43

Rank in category: 32(of 66)

Best time in the category: 1:51:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:12	6:25	46	7:46	307	7:46	3.30	21:12	6:25	46	7:46	307	7:46
Bremer Hütte	2.40	17:06	7:07	35	5:42	244	6:00	5.70	38:18	6:43	42	13:28	288	13:46
Hermannsklippe	3.30	23:15	7:02	37	7:42	246	8:23	9.00	1:01:33	6:50	42	21:10	276	22:08
Brocken	3.10	27:50	8:58	20	7:28	142	9:29	12.10	1:29:23	7:23	34	28:29	225	31:37
Eiserner Handwe	3.60	18:20	5:05	28	5:06	156	5:48	15.70	1:47:43	6:51	31	33:35	211	37:25
Bremer Hütte	4.10	22:00	5:21	34	6:30	193	7:06	19.80	2:09:43	6:33	31	39:23	204	44:14
Loddenke	3.10	12:12	3:56	38	4:12	229	4:14	22.90	2:21:55	6:11	31	42:44	203	48:28
Ilseburg/Markt	3.30	17:32	5:18	45	5:53	263	6:16	26.20	2:39:27	6:05	32	48:27	214	54:44