



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Fübbeker, Hans

Club: LLG Springe  
Number: 127

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:40:19

Speed: 9.81 km/h  
Running performance: 6:07 min/km

Rank in course/Total: 236 (of 506)

Rank in course/Men: 215 (of 416)

Best time in course: 1:44:43

Rank in category: 33(of 66)

Best time in the category: 1:51:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:42	5:40	30	5:16	167	5:16	3.30	18:42	5:40	30	5:16	167	5:16
Bremer Hütte	2.40	16:00	6:40	25	4:36	172	4:54	5.70	34:42	6:05	27	9:52	172	10:10
Hermannsklippe	3.30	24:25	7:23	48	8:52	309	9:33	9.00	59:07	6:34	33	18:44	223	19:42
Brocken	3.10	33:34	10:49	50	13:12	317	15:13	12.10	1:32:41	7:39	42	31:47	269	34:55
Eiserner Handwe	3.60	19:35	5:26	35	6:21	211	7:03	15.70	1:52:16	7:09	40	38:08	262	41:58
Bremer Hütte	4.10	21:20	5:12	27	5:50	156	6:26	19.80	2:13:36	6:44	35	43:16	239	48:07
Loddenke	3.10	10:58	3:32	27	2:58	133	3:00	22.90	2:24:34	6:18	33	45:23	222	51:07
Ilseburg/Markt	3.30	15:45	4:46	30	4:06	157	4:29	26.20	2:40:19	6:07	33	49:19	215	55:36