



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Riemenschneider, Lars

Club: Darlingerode
Number: 505

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:40:32

Speed: 9.72 km/h
Running performance: 6:08 min/km

Rank in course/Total: 239 (of 506)

Rank in course/Men: 218 (of 416)

Best time in course: 1:44:43

Rank in category: 16(of 29)

Best time in the category: 1:49:27

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:47	5:59	16	6:21	240	6:21	3.30	19:47	5:59	16	6:21	240	6:21
Bremer Hütte	2.40	16:11	6:44	16	4:56	182	5:05	5.70	35:58	6:18	16	11:17	211	11:26
Hermannsklippe	3.30	23:40	7:10	19	8:03	272	8:48	9.00	59:38	6:37	16	19:20	235	20:13
Brocken	3.10	33:10	10:41	24	12:53	303	14:49	12.10	1:32:48	7:40	22	32:13	270	35:02
Eiserner Handwe	3.60	17:44	4:55	10	4:37	125	5:12	15.70	1:50:32	7:02	18	36:50	241	40:14
Bremer Hütte	4.10	21:11	5:10	11	6:17	149	6:17	19.80	2:11:43	6:39	17	43:07	222	46:14
Loddenke	3.10	11:29	3:42	15	3:28	177	3:31	22.90	2:23:12	6:15	16	46:35	212	49:45
Ilseburg/Markt	3.30	17:20	5:15	19	4:57	250	6:04	26.20	2:40:32	6:07	16	51:05	218	55:49