



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Litka, Christian

Club: Bernau
Number: 249

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:40:42

Speed: 9.78 km/h
Running performance: 6:08 min/km

Rank in course/Total: 240 (of 506)

Rank in course/Men: 219 (of 416)

Best time in course: 1:44:43

Rank in category: 17(of 29)

Best time in the category: 1:49:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Loddenke	3.30	22:10	6:43	24	354	8:44	8:44	3.30	22:10	6:43	24	354	8:44	8:44
Bremer Hütte	2.40	17:16	7:11	19	259	6:01	6:10	5.70	39:26	6:55	21	309	14:45	14:54
Hermannsklippe	3.30	22:40	6:52	17	224	7:03	7:48	9.00	1:02:06	6:54	20	284	21:48	22:41
Brocken	3.10	27:53	8:59	14	145	7:36	9:32	12.10	1:29:59	7:26	17	232	29:24	32:13
Eiserner Handwe	3.60	21:30	5:58	21	299	8:23	8:58	15.70	1:51:29	7:06	19	252	37:47	41:11
Bremer Hütte	4.10	22:27	5:28	16	211	7:33	7:33	19.80	2:13:56	6:45	19	246	45:20	48:27
Loddenke	3.10	11:23	3:40	14	166	3:22	3:25	22.90	2:25:19	6:20	18	229	48:42	51:52
Ilseburg/Markt	3.30	15:23	4:39	14	135	3:00	4:07	26.20	2:40:42	6:08	17	219	51:15	55:59