



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Holub, Ulrich

Club: SV Kyffhäuser  
Number: 150

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:42:26

Speed: 9.68 km/h  
Running performance: 6:12 min/km

Rank in course/Total: 250 (of 506)

Rank in course/Men: 225 (of 416)

Best time in course: 1:44:43

Rank in category: 36(of 72)

Best time in the category: 2:13:51

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:44	5:40	30	3:18	171	5:18	3.30	18:44	5:40	30	3:18	171	5:18
Bremer Hütte	2.40	18:17	7:37	54	4:21	307	7:11	5.70	37:01	6:29	45	6:25	247	12:29
Hermannsklippe	3.30	24:20	7:22	54	5:45	305	9:28	9.00	1:01:21	6:48	51	12:10	275	21:56
Brocken	3.10	31:57	10:18	46	7:58	278	13:36	12.10	1:33:18	7:42	47	20:08	277	35:32
Eiserner Handwe	3.60	18:10	5:02	23	2:37	144	5:38	15.70	1:51:28	7:05	43	21:53	251	41:10
Bremer Hütte	4.10	22:08	5:23	32	3:38	199	7:14	19.80	2:13:36	6:44	37	24:49	239	48:07
Loddenke	3.10	11:47	3:48	31	2:37	195	3:49	22.90	2:25:23	6:20	37	25:11	230	51:56
Ilseburg/Markt	3.30	17:03	5:10	40	3:55	238	5:47	26.20	2:42:26	6:11	36	28:35	225	57:43