



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Bolle, Dietmar

Club: Breitenworbis
Number: 65

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:42:42

Speed: 9.59 km/h
Running performance: 6:13 min/km

Rank in course/Total: 254 (of 506)

Rank in course/Men: 229 (of 416)

Best time in course: 1:44:43

Rank in category: 30(of 52)

Best time in the category: 2:08:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:00	6:03	38	3:37	254	6:34	3.30	20:00	6:03	38	3:37	254	6:34
Bremer Hütte	2.40	17:19	7:12	35	3:25	262	6:13	5.70	37:19	6:32	37	6:55	256	12:47
Hermannsklippe	3.30	23:27	7:06	35	4:59	258	8:35	9.00	1:00:46	6:45	37	11:54	263	21:21
Brocken	3.10	30:12	9:44	28	7:49	218	11:51	12.10	1:30:58	7:31	35	18:02	248	33:12
Eiserner Handwe	3.60	19:36	5:26	30	5:23	213	7:04	15.70	1:50:34	7:02	35	22:05	244	40:16
Bremer Hütte	4.10	22:44	5:32	29	5:27	227	7:50	19.80	2:13:18	6:43	36	27:30	237	47:49
Loddenke	3.10	12:11	3:55	30	3:14	226	4:13	22.90	2:25:29	6:21	32	30:32	232	52:02
Ilseburg/Markt	3.30	17:13	5:13	34	4:15	246	5:57	26.20	2:42:42	6:12	30	34:33	229	57:59