



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Hupe, Hans- Reinhard

Club: LAC Eichsfeld/ Blindenlaufschule  
Number: 183

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 2:42:54

Speed: 9.65 km/h  
Running performance: 6:13 min/km

Rank in course/Total: 256 (of 506)

Rank in course/Men: 231 (of 416)

Best time in course: 1:44:43

Rank in category: 31(of 52)

Best time in the category: 2:08:09

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:34	5:55	33	3:11	229	6:08	3.30	19:34	5:55	33	3:11	229	6:08
Bremer Hütte	2.40	17:44	7:23	40	3:50	287	6:38	5.70	37:18	6:32	36	6:54	255	12:46
Hermannsklippe	3.30	23:08	7:00	32	4:40	240	8:16	9.00	1:00:26	6:42	36	11:34	254	21:01
Brocken	3.10	29:45	9:35	26	7:22	203	11:24	12.10	1:30:11	7:27	30	17:15	236	32:25
Eiserner Handwe	3.60	19:42	5:28	31	5:29	217	7:10	15.70	1:49:53	6:59	31	21:24	232	39:35
Bremer Hütte	4.10	22:48	5:33	30	5:31	234	7:54	19.80	2:12:41	6:42	32	26:53	228	47:12
Loddenke	3.10	12:24	4:00	33	3:27	243	4:26	22.90	2:25:05	6:20	31	30:08	226	51:38
Ilseburg/Markt	3.30	17:49	5:23	38	4:51	279	6:33	26.20	2:42:54	6:13	31	34:45	231	58:11