



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Krug, Christian

Club: Tem Owoc
Number: 573

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:43:22

Speed: 9.62 km/h
Running performance: 6:14 min/km

Rank in course/Total: 263 (of 506)

Rank in course/Men: 237 (of 416)

Best time in course: 1:44:43

Rank in category: 40(of 58)

Best time in the category: 1:54:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:58	6:03	42	5:53	251	6:32	3.30	19:58	6:03	42	5:53	251	6:32
Bremer Hütte	2.40	16:18	6:47	38	3:47	190	5:12	5.70	36:16	6:21	38	9:37	219	11:44
Hermannsklippe	3.30	22:11	6:43	39	5:33	196	7:19	9.00	58:27	6:29	38	14:49	205	19:02
Brocken	3.10	32:08	10:21	44	11:31	282	13:47	12.10	1:30:35	7:29	43	26:16	242	32:49
Eiserner Handwe	3.60	19:02	5:17	36	5:45	186	6:30	15.70	1:49:37	6:58	41	31:36	229	39:19
Bremer Hütte	4.10	22:53	5:34	43	7:22	238	7:59	19.80	2:12:30	6:41	40	38:58	227	47:01
Loddenke	3.10	12:39	4:04	41	4:19	261	4:41	22.90	2:25:09	6:20	40	43:17	227	51:42
Ilseburg/Markt	3.30	18:13	5:31	48	5:46	304	6:57	26.20	2:43:22	6:14	40	49:03	237	58:39