



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Schmalz, Holger

Club: BLV Ilseburg 1927 e.V.
Number: 544

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:43:40

Speed: 9.60 km/h
Running performance: 6:15 min/km

Rank in course/Total: 266 (of 506)

Rank in course/Men: 240 (of 416)

Best time in course: 1:44:43

Rank in category: 35(of 52)

Best time in the category: 2:08:09

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 19:59 | 6:03 | 37 | 3:36 | 252 | 6:33 | 3.30 | 19:59 | 6:03 | 37 | 3:36 | 252 | 6:33 |
| Bremer Hütte | 2.40 | 17:26 | 7:15 | 36 | 3:32 | 268 | 6:20 | 5.70 | 37:25 | 6:33 | 38 | 7:01 | 264 | 12:53 |
| Hermannsklippe | 3.30 | 23:52 | 7:13 | 41 | 5:24 | 281 | 9:00 | 9.00 | 1:01:17 | 6:48 | 40 | 12:25 | 274 | 21:52 |
| Brocken | 3.10 | 30:51 | 9:57 | 35 | 8:28 | 242 | 12:30 | 12.10 | 1:32:08 | 7:36 | 37 | 19:12 | 261 | 34:22 |
| Eiserner Handwe | 3.60 | 19:55 | 5:31 | 33 | 5:42 | 227 | 7:23 | 15.70 | 1:52:03 | 7:08 | 39 | 23:34 | 257 | 41:45 |
| Bremer Hütte | 4.10 | 22:36 | 5:30 | 27 | 5:19 | 220 | 7:42 | 19.80 | 2:14:39 | 6:48 | 37 | 28:51 | 249 | 49:10 |
| Loddenke | 3.10 | 12:22 | 3:59 | 32 | 3:25 | 240 | 4:24 | 22.90 | 2:27:01 | 6:25 | 35 | 32:04 | 245 | 53:34 |
| Ilseburg/Markt | 3.30 | 16:39 | 5:02 | 29 | 3:41 | 211 | 5:23 | 26.20 | 2:43:40 | 6:14 | 35 | 35:31 | 240 | 58:57 |