



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Reuß, Steffen

Club: Ballenstedt
Number: 303

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:43:55

Speed: 9.52 km/h
Running performance: 6:16 min/km

Rank in course/Total: 268 (of 506)

Rank in course/Men: 242 (of 416)

Best time in course: 1:44:43

Rank in category: 40(of 72)

Best time in the category: 2:13:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:40	6:15	54	5:14	289	7:14	3.30	20:40	6:15	54	5:14	289	7:14
Bremer Hütte	2.40	16:46	6:59	40	2:50	222	5:40	5.70	37:26	6:34	50	6:50	265	12:54
Hermannsklippe	3.30	22:42	6:52	35	4:07	228	7:50	9.00	1:00:08	6:40	42	10:57	243	20:43
Brocken	3.10	28:48	9:17	17	4:49	171	10:27	12.10	1:28:56	7:20	34	15:46	219	31:10
Eiserner Handwe	3.60	21:17	5:54	49	5:44	287	8:45	15.70	1:50:13	7:01	40	20:38	239	39:55
Bremer Hütte	4.10	23:56	5:50	44	5:26	277	9:02	19.80	2:14:09	6:46	42	25:22	248	48:40
Loddenke	3.10	12:34	4:03	43	3:24	258	4:36	22.90	2:26:43	6:24	40	26:31	241	53:16
Ilseburg/Markt	3.30	17:12	5:12	41	4:04	244	5:56	26.20	2:43:55	6:15	40	30:04	242	59:12