



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Mai, Tina

Club: Fun runners Benneckenstein
Number: 253

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:44:14

Speed: 9.50 km/h
Running performance: 6:16 min/km

Rank in course/Total: 272 (of 506)

Rank in course/Women: 27 (of 90)

Best time in course: 2:00:04

Rank in category: 5(of 15)

Best time in the category: 2:11:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	20:17	6:08	4	4:31	32	5:36	3.30	20:17	6:08	4	4:31	32	5:36
Bremer Hütte	2.40	18:37	7:45	8	4:25	44	5:36	5.70	38:54	6:49	4	8:56	35	11:12
Hermannsklippe	3.30	24:44	7:29	7	5:39	37	6:38	9.00	1:03:38	7:04	6	14:35	38	17:50
Brocken	3.10	31:51	10:16	6	7:09	28	8:24	12.10	1:35:29	7:53	5	21:44	33	26:00
Eiserner Handwe	3.60	18:55	5:15	4	3:05	22	5:34	15.70	1:54:24	7:17	5	24:49	29	31:34
Bremer Hütte	4.10	21:38	5:16	5	3:20	25	5:12	19.80	2:16:02	6:52	5	28:09	29	36:46
Loddenke	3.10	11:39	3:45	5	2:11	25	3:01	22.90	2:27:41	6:26	5	30:20	27	39:47
Ilseburg/Markt	3.30	16:33	5:00	7	2:17	29	4:23	26.20	2:44:14	6:16	5	32:37	27	44:10