



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Püschel, Silvio

Club: Hetzdorfer SV 1990  
Number: 297

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 2:45:02

Speed: 9.45 km/h  
Running performance: 6:18 min/km

Rank in course/Total: 276 (of 506)

Rank in course/Men: 249 (of 416)

Best time in course: 1:44:43

Rank in category: 41(of 58)

Best time in the category: 1:54:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:01	6:03	43	5:56	255	6:35	3.30	20:01	6:03	43	5:56	255	6:35
Bremer Hütte	2.40	16:20	6:48	39	3:49	193	5:14	5.70	36:21	6:22	39	9:42	221	11:49
Hermannsklippe	3.30	22:17	6:45	42	5:39	204	7:25	9.00	58:38	6:30	41	15:00	216	19:13
Brocken	3.10	31:44	10:14	41	11:07	271	13:23	12.10	1:30:22	7:28	41	26:03	239	32:36
Eiserner Handwe	3.60	19:33	5:25	38	6:16	207	7:01	15.70	1:49:55	7:00	42	31:54	233	39:37
Bremer Hütte	4.10	22:51	5:34	42	7:20	237	7:57	19.80	2:12:46	6:42	41	39:14	229	47:17
Loddenke	3.10	13:08	4:14	48	4:48	290	5:10	22.90	2:25:54	6:22	41	44:02	235	52:27
Ilseburg/Markt	3.30	19:08	5:47	52	6:41	342	7:52	26.20	2:45:02	6:17	41	50:43	249	1:00:19