



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Ebers, Beatrice

Club: Ilseburg  
Number: 104

Course: 26.20 km  
26,2 km - Lauf

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 2:45:04

Speed: 9.45 km/h  
Running performance: 6:18 min/km

Rank in course/Total: 277 (of 506)

Rank in course/Women: 28 (of 90)

Best time in course: 2:00:04

Rank in category: 4(of 8)

Best time in the category: 2:23:20

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	21:15	6:26	6	4:31	50	6:34	3.30	21:15	6:26	6	4:31	50	6:34
Bremer Hütte	2.40	17:48	7:25	4	3:09	30	4:47	5.70	39:03	6:51	5	7:40	38	11:21
Hermannsklippe	3.30	23:32	7:07	4	3:23	28	5:26	9.00	1:02:35	6:57	4	11:03	30	16:47
Brocken	3.10	32:37	10:31	5	5:02	35	9:10	12.10	1:35:12	7:52	4	15:55	30	25:43
Eiserner Handwe	3.60	18:49	5:13	4	2:08	20	5:28	15.70	1:54:01	7:15	4	17:22	28	31:11
Bremer Hütte	4.10	21:50	5:19	4	1:45	28	5:24	19.80	2:15:51	6:51	4	18:18	27	36:35
Loddenke	3.10	12:02	3:52	6	1:52	32	3:24	22.90	2:27:53	6:27	4	19:18	28	39:59
Ilseburg/Markt	3.30	17:11	5:12	6	3:38	36	5:01	26.20	2:45:04	6:18	4	21:44	28	45:00