



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Pirwayssian, Masoud

Club: Braunschweig
Number: 288

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:45:46

Speed: 9.41 km/h
Running performance: 6:20 min/km

Rank in course/Total: 285 (of 506)

Rank in course/Men: 256 (of 416)

Best time in course: 1:44:43

Rank in category: 37(of 52)

Best time in the category: 2:08:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:53	5:43	23	2:30	190	5:27	3.30	18:53	5:43	23	2:30	190	5:27
Bremer Hütte	2.40	17:54	7:27	43	4:00	293	6:48	5.70	36:47	6:27	32	6:23	240	12:15
Hermannsklippe	3.30	24:18	7:21	44	5:50	302	9:26	9.00	1:01:05	6:47	38	12:13	268	21:40
Brocken	3.10	31:29	10:09	39	9:06	259	13:08	12.10	1:32:34	7:39	38	19:38	265	34:48
Eiserner Handwe	3.60	18:59	5:16	23	4:46	183	6:27	15.70	1:51:33	7:06	37	23:04	253	41:15
Bremer Hütte	4.10	23:27	5:43	33	6:10	263	8:33	19.80	2:15:00	6:49	38	29:12	254	49:31
Loddenke	3.10	12:10	3:55	29	3:13	225	4:12	22.90	2:27:10	6:25	36	32:13	249	53:43
Ilseburg/Markt	3.30	18:36	5:38	42	5:38	318	7:20	26.20	2:45:46	6:19	37	37:37	256	1:01:03