



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Striegler, Danilo

Club: LLG Springe  
Number: 393

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 2:45:50

Speed: 9.48 km/h  
Running performance: 6:20 min/km

Rank in course/Total: 286 (of 506)

Rank in course/Men: 257 (of 416)

Best time in course: 1:44:43

Rank in category: 43(of 58)

Best time in the category: 1:54:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:47	5:41	32	4:42	179	5:21	3.30	18:47	5:41	32	4:42	179	5:21
Bremer Hütte	2.40	15:23	6:24	26	2:52	122	4:17	5.70	34:10	5:59	29	7:31	150	9:38
Hermannsklippe	3.30	22:49	6:54	43	6:11	231	7:57	9.00	56:59	6:19	34	13:21	181	17:34
Brocken	3.10	29:09	9:24	38	8:32	180	10:48	12.10	1:26:08	7:07	37	21:49	177	28:22
Eiserner Handwe	3.60	22:58	6:22	51	9:41	344	10:26	15.70	1:49:06	6:56	40	31:05	225	38:48
Bremer Hütte	4.10	26:16	6:24	52	10:45	354	11:22	19.80	2:15:22	6:50	43	41:50	257	49:53
Loddenke	3.10	13:21	4:18	51	5:01	308	5:23	22.90	2:28:43	6:29	43	46:51	261	55:16
Ilseburg/Markt	3.30	17:07	5:11	42	4:40	241	5:51	26.20	2:45:50	6:19	43	51:31	257	1:01:07