



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Bedemann, Torsten

Club: Ziltendorf  
Number: 206

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:46:23

Speed: 9.38 km/h  
Running performance: 6:21 min/km

Rank in course/Total: 291 (of 506)

Rank in course/Men: 260 (of 416)

Best time in course: 1:44:43

Rank in category: 45(of 72)

Best time in the category: 2:13:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:47	5:59	45	4:21	240	6:21	3.30	19:47	5:59	45	4:21	240	6:21
Bremer Hütte	2.40	16:38	6:55	36	2:42	214	5:32	5.70	36:25	6:23	41	5:49	223	11:53
Hermannsklippe	3.30	23:12	7:01	40	4:37	244	8:20	9.00	59:37	6:37	41	10:26	234	20:12
Brocken	3.10	31:32	10:10	40	7:33	265	13:11	12.10	1:31:09	7:31	42	17:59	250	33:23
Eiserner Handwe	3.60	21:00	5:49	47	5:27	272	8:28	15.70	1:52:09	7:08	45	22:34	259	41:51
Bremer Hütte	4.10	24:52	6:03	52	6:22	316	9:58	19.80	2:17:01	6:55	46	28:14	267	51:32
Loddenke	3.10	12:39	4:04	45	3:29	261	4:41	22.90	2:29:40	6:32	47	29:28	270	56:13
Ilseburg/Markt	3.30	16:43	5:03	34	3:35	216	5:27	26.20	2:46:23	6:21	45	32:32	260	1:01:40