



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Pranz, Dominik

Club: SV Eintracht Hiddestorf  
Number: 293

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 2:46:33

Speed: 9.37 km/h  
Running performance: 6:22 min/km

Rank in course/Total: 295 (of 506)

Rank in course/Men: 265 (of 416)

Best time in course: 1:44:43

Rank in category: 33(of 48)

Best time in the category: 1:44:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:04	6:23	38	7:38	303	7:38	3.30	21:04	6:23	38	7:38	303	7:38
Bremer Hütte	2.40	16:46	6:59	28	5:39	222	5:40	5.70	37:50	6:38	32	13:17	273	13:18
Hermannsklippe	3.30	22:52	6:55	32	8:00	234	8:00	9.00	1:00:42	6:44	32	21:17	259	21:17
Brocken	3.10	29:21	9:28	25	11:00	187	11:00	12.10	1:30:03	7:26	32	32:17	233	32:17
Eiserner Handwe	3.60	19:52	5:31	25	7:20	224	7:20	15.70	1:49:55	7:00	31	39:37	233	39:37
Bremer Hütte	4.10	22:58	5:36	31	7:47	243	8:04	19.80	2:12:53	6:42	31	47:24	231	47:24
Loddenke	3.10	13:55	4:29	42	5:57	330	5:57	22.90	2:26:48	6:24	32	53:21	242	53:21
Ilseburg/Markt	3.30	19:45	5:59	44	8:29	359	8:29	26.20	2:46:33	6:21	33	1:01:50	265	1:01:50