



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Rettig, Jens

Club: Lichtentanne  
Number: 5

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:46:45

Speed: 9.36 km/h  
Running performance: 6:22 min/km

Rank in course/Total: 297 (of 506)

Rank in course/Men: 267 (of 416)

Best time in course: 1:44:43

Rank in category: 47(of 72)

Best time in the category: 2:13:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:07	5:47	40	3:41	204	5:41	3.30	19:07	5:47	40	3:41	204	5:41
Bremer Hütte	2.40	17:59	7:29	51	4:03	296	6:53	5.70	37:06	6:30	46	6:30	250	12:34
Hermannsklippe	3.30	24:07	7:18	52	5:32	296	9:15	9.00	1:01:13	6:48	50	12:02	272	21:48
Brocken	3.10	31:38	10:12	42	7:39	267	13:17	12.10	1:32:51	7:40	46	19:41	272	35:05
Eiserner Handwe	3.60	20:13	5:36	41	4:40	240	7:41	15.70	1:53:04	7:12	48	23:29	270	42:46
Bremer Hütte	4.10	24:12	5:54	47	5:42	287	9:18	19.80	2:17:16	6:55	47	28:29	270	51:47
Loddenke	3.10	12:00	3:52	35	2:50	217	4:02	22.90	2:29:16	6:31	46	29:04	266	55:49
Ilseburg/Markt	3.30	17:29	5:17	44	4:21	258	6:13	26.20	2:46:45	6:21	47	32:54	267	1:02:02