



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Handel, Thomas

Club: Jena  
Number: 575

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:46:48

Speed: 9.35 km/h  
Running performance: 6:22 min/km

Rank in course/Total: 298 (of 506)

Rank in course/Men: 268 (of 416)

Best time in course: 1:44:43

Rank in category: 41(of 66)

Best time in the category: 1:51:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Loddenke	3.30	21:17	6:26	49	7:51	317	7:51	3.30	21:17	6:26	49	7:51	317	7:51
Bremer Hütte	2.40	17:12	7:10	39	5:48	254	6:06	5.70	38:29	6:45	45	13:39	294	13:57
Hermannsklippe	3.30	22:14	6:44	28	6:41	199	7:22	9.00	1:00:43	6:44	40	20:20	262	21:18
Brocken	3.10	27:03	8:43	14	6:41	104	8:42	12.10	1:27:46	7:15	30	26:52	202	30:00
Eiserner Handwe	3.60	22:59	6:23	60	9:45	345	10:27	15.70	1:50:45	7:03	35	36:37	246	40:27
Bremer Hütte	4.10	25:08	6:07	57	9:38	332	10:14	19.80	2:15:53	6:51	41	45:33	259	50:24
Loddenke	3.10	13:43	4:25	54	5:43	322	5:45	22.90	2:29:36	6:31	42	50:25	267	56:09
Ilseburg/Markt	3.30	17:12	5:12	41	5:33	244	5:56	26.20	2:46:48	6:21	41	55:48	268	1:02:05