



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Rohde, Christian

Club: Lübtheen
Number: 307

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:48:36

Speed: 9.32 km/h
Running performance: 6:26 min/km

Rank in course/Total: 305 (of 506)

Rank in course/Men: 274 (of 416)

Best time in course: 1:44:43

Rank in category: 48(of 72)

Best time in the category: 2:13:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:04	6:41	63	6:38	350	8:38	3.30	22:04	6:41	63	6:38	350	8:38
Bremer Hütte	2.40	18:08	7:33	52	4:12	302	7:02	5.70	40:12	7:03	60	9:36	328	15:40
Hermannsklippe	3.30	23:17	7:03	43	4:42	249	8:25	9.00	1:03:29	7:03	53	14:18	305	24:04
Brocken	3.10	32:47	10:34	50	8:48	295	14:26	12.10	1:36:16	7:57	54	23:06	304	38:30
Eiserner Handwe	3.60	21:52	6:04	53	6:19	308	9:20	15.70	1:58:08	7:31	53	28:33	303	47:50
Bremer Hütte	4.10	22:42	5:32	37	4:12	226	7:48	19.80	2:20:50	7:06	52	32:03	297	55:21
Loddenke	3.10	11:47	3:48	31	2:37	195	3:49	22.90	2:32:37	6:39	49	32:25	285	59:10
Ilseburg/Markt	3.30	15:59	4:50	22	2:51	175	4:43	26.20	2:48:36	6:26	48	34:45	274	1:03:53