



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Ramberg, Lini

Club: Hannover Runners
Number: 299

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:48:57

Speed: 9.30 km/h
Running performance: 6:27 min/km

Rank in course/Total: 313 (of 506)

Rank in course/Women: 34 (of 90)

Best time in course: 2:00:04

Rank in category: 6(of 15)

Best time in the category: 2:11:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	20:22	6:10	5	4:36	33	5:41	3.30	20:22	6:10	5	4:36	33	5:41
Bremer Hütte	2.40	18:41	7:47	9	4:29	45	5:40	5.70	39:03	6:51	5	9:05	38	11:21
Hermannsklippe	3.30	25:04	7:35	9	5:59	42	6:58	9.00	1:04:07	7:07	9	15:04	45	18:19
Brocken	3.10	34:43	11:11	10	10:01	48	11:16	12.10	1:38:50	8:10	9	25:05	44	29:21
Eiserner Handwe	3.60	20:45	5:45	7	4:55	41	7:24	15.70	1:59:35	7:37	7	30:00	41	36:45
Bremer Hütte	4.10	21:31	5:14	4	3:13	21	5:05	19.80	2:21:06	7:07	6	33:13	34	41:50
Loddenke	3.10	11:40	3:45	6	2:12	26	3:02	22.90	2:32:46	6:40	6	35:25	34	44:52
Ilseburg/Markt	3.30	16:11	4:54	6	1:55	23	4:01	26.20	2:48:57	6:26	6	37:20	34	48:53