



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Messner, Christoph

Club: Bovenden  
Number: 269

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 2:50:08

Speed: 9.17 km/h  
Running performance: 6:29 min/km

Rank in course/Total: 318 (of 506)

Rank in course/Men: 282 (of 416)

Best time in course: 1:44:43

Rank in category: 35(of 48)

Best time in the category: 1:44:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:45	5:40	22	5:19	173	5:19	3.30	18:45	5:40	22	5:19	173	5:19
Bremer Hütte	2.40	17:21	7:13	33	6:14	264	6:15	5.70	36:06	6:20	28	11:33	216	11:34
Hermannsklippe	3.30	23:54	7:14	36	9:02	284	9:02	9.00	1:00:00	6:40	31	20:35	242	20:35
Brocken	3.10	32:12	10:23	42	13:51	286	13:51	12.10	1:32:12	7:37	34	34:26	262	34:26
Eiserner Handwe	3.60	20:38	5:43	31	8:06	254	8:06	15.70	1:52:50	7:11	33	42:32	267	42:32
Bremer Hütte	4.10	25:07	6:07	40	9:56	330	10:13	19.80	2:17:57	6:58	35	52:28	278	52:28
Loddenke	3.10	13:44	4:25	40	5:46	323	5:46	22.90	2:31:41	6:37	35	58:14	282	58:14
Ilseburg/Markt	3.30	18:27	5:35	35	7:11	311	7:11	26.20	2:50:08	6:29	35	1:05:25	282	1:05:25