



48. Brockenlauf

Ilseburg / 01.09.2018

Detailed evaluation

Einax, Christian

Club: Isv thierschneck
Number: 106

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:50:36

Speed: 9.21 km/h
Running performance: 6:31 min/km

Rank in course/Total: 323 (of 506)

Rank in course/Men: 286 (of 416)

Best time in course: 1:44:43

Rank in category: 49(of 58)

Best time in the category: 1:54:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:31	6:31	52	7:26	331	8:05	3.30	21:31	6:31	52	7:26	331	8:05
Bremer Hütte	2.40	16:11	6:44	37	3:40	182	5:05	5.70	37:42	6:36	47	11:03	269	13:10
Hermannsklippe	3.30	22:13	6:43	40	5:35	198	7:21	9.00	59:55	6:39	44	16:17	241	20:30
Brocken	3.10	27:16	8:47	27	6:39	117	8:55	12.10	1:27:11	7:12	38	22:52	190	29:25
Eiserner Handwe	3.60	24:13	6:43	56	10:56	372	11:41	15.70	1:51:24	7:05	44	33:23	250	41:06
Bremer Hütte	4.10	27:53	6:48	56	12:22	374	12:59	19.80	2:19:17	7:02	49	45:45	284	53:48
Loddenke	3.10	15:04	4:51	56	6:44	363	7:06	22.90	2:34:21	6:44	50	52:29	299	1:00:54
Ilseburg/Markt	3.30	16:15	4:55	35	3:48	187	4:59	26.20	2:50:36	6:30	49	56:17	286	1:05:53