



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Scholze, Holger

Club: Niederndodeleben
Number: 356

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:51:18

Speed: 9.11 km/h
Running performance: 6:32 min/km

Rank in course/Total: 329 (of 506)

Rank in course/Men: 290 (of 416)

Best time in course: 1:44:43

Rank in category: 36(of 48)

Best time in the category: 1:44:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:19	6:27	41	7:53	323	7:53	3.30	21:19	6:27	41	7:53	323	7:53
Bremer Hütte	2.40	17:32	7:18	35	6:25	272	6:26	5.70	38:51	6:48	40	14:18	301	14:19
Hermannsklippe	3.30	23:28	7:06	34	8:36	259	8:36	9.00	1:02:19	6:55	36	22:54	288	22:54
Brocken	3.10	31:31	10:09	38	13:10	263	13:10	12.10	1:33:50	7:45	36	36:04	281	36:04
Eiserner Handwe	3.60	21:05	5:51	33	8:33	276	8:33	15.70	1:54:55	7:19	36	44:37	279	44:37
Bremer Hütte	4.10	24:55	6:04	39	9:44	319	10:01	19.80	2:19:50	7:03	36	54:21	288	54:21
Loddenke	3.10	13:23	4:19	39	5:25	309	5:25	22.90	2:33:13	6:41	36	59:46	288	59:46
Ilseburg/Markt	3.30	18:05	5:28	34	6:49	293	6:49	26.20	2:51:18	6:32	36	1:06:35	290	1:06:35