



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Zerbe, Friedmar

Club: LG Silbersee Leipzig  
Number: 442

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M75 (75 und älter)

Total time: 2:51:56

Speed: 9.07 km/h  
Running performance: 6:34 min/km

Rank in course/Total: 338 (of 506)

Rank in course/Men: 299 (of 416)

Best time in course: 1:44:43

Rank in category: 1(of 3)

Best time in the category: 2:51:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:18	6:27	1	-	321	7:52	3.30	21:18	6:27	1	-	321	7:52
Bremer Hütte	2.40	18:47	7:49	1	-	331	7:41	5.70	40:05	7:01	1	-	324	15:33
Hermannsklippe	3.30	24:41	7:28	1	-	317	9:49	9.00	1:04:46	7:11	1	-	321	25:21
Brocken	3.10	33:11	10:42	1	-	304	14:50	12.10	1:37:57	8:05	1	-	316	40:11
Eiserner Handwe	3.60	20:24	5:39	1	-	247	7:52	15.70	1:58:21	7:32	1	-	306	48:03
Bremer Hütte	4.10	23:16	5:40	1	-	256	8:22	19.80	2:21:37	7:09	1	-	300	56:08
Loddenke	3.10	12:26	4:00	1	-	246	4:28	22.90	2:34:03	6:43	1	-	295	1:00:36
Ilseburg/Markt	3.30	17:53	5:25	1	-	283	6:37	26.20	2:51:56	6:33	1	-	299	1:07:13