



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Plohmann, Magdalene

Club: Hattingen
Number: 278

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 2:54:06

Speed: 8.96 km/h
Running performance: 6:39 min/km

Rank in course/Total: 349 (of 506)

Rank in course/Women: 44 (of 90)

Best time in course: 2:00:04

Rank in category: 2(of 6)

Best time in the category: 2:42:54

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Loddenke | 3.30 | 21:03 | 6:22 | 2 | 1:29 | 43 | 6:22 | 3.30 | 21:03 | 6:22 | 2 | 1:29 | 43 | 6:22 |
| Bremer Hütte | 2.40 | 18:12 | 7:34 | 2 | 0:28 | 35 | 5:11 | 5.70 | 39:15 | 6:53 | 2 | 1:57 | 41 | 11:33 |
| Hermannsklippe | 3.30 | 24:37 | 7:27 | 2 | 1:29 | 36 | 6:31 | 9.00 | 1:03:52 | 7:05 | 2 | 3:26 | 42 | 18:04 |
| Brocken | 3.10 | 31:50 | 10:16 | 2 | 2:05 | 27 | 8:23 | 12.10 | 1:35:42 | 7:54 | 2 | 5:31 | 37 | 26:13 |
| Eiserner Handwe | 3.60 | 20:54 | 5:48 | 3 | 1:19 | 43 | 7:33 | 15.70 | 1:56:36 | 7:25 | 2 | 6:43 | 35 | 33:46 |
| Bremer Hütte | 4.10 | 24:36 | 6:00 | 3 | 1:48 | 57 | 8:10 | 19.80 | 2:21:12 | 7:07 | 2 | 8:31 | 39 | 41:56 |
| Loddenke | 3.10 | 13:35 | 4:22 | 3 | 1:11 | 59 | 4:57 | 22.90 | 2:34:47 | 6:45 | 2 | 9:42 | 42 | 46:53 |
| Ilseburg/Markt | 3.30 | 19:19 | 5:51 | 4 | 1:49 | 66 | 7:09 | 26.20 | 2:54:06 | 6:38 | 2 | 11:12 | 44 | 54:02 |