



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Plohmann, Magdalene

Club: Hattingen  
Number: 278

Course: 26.20 km  
26,2 km - Lauf

Category:  
Seniorinnen W55 (55-59 Jahre)

Total time: 2:54:06

Speed: 9.03 km/h  
Running performance: 6:39 min/km

Rank in course/Total: 349 (of 506)

Rank in course/Women: 44 (of 90)

Best time in course: 2:00:04

Rank in category: 2(of 6)

Best time in the category: 2:42:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	21:03	6:22	2	1:29	43	6:22	3.30	21:03	6:22	2	1:29	43	6:22
Bremer Hütte	2.40	18:12	7:34	2	0:28	35	5:11	5.70	39:15	6:53	2	1:57	41	11:33
Hermannsklippe	3.30	24:37	7:27	2	1:29	36	6:31	9.00	1:03:52	7:05	2	3:26	42	18:04
Brocken	3.10	31:50	10:16	2	2:05	27	8:23	12.10	1:35:42	7:54	2	5:31	37	26:13
Eiserner Handwe	3.60	20:54	5:48	3	1:19	43	7:33	15.70	1:56:36	7:25	2	6:43	35	33:46
Bremer Hütte	4.10	24:36	6:00	3	1:48	57	8:10	19.80	2:21:12	7:07	2	8:31	39	41:56
Loddenke	3.10	13:35	4:22	3	1:11	59	4:57	22.90	2:34:47	6:45	2	9:42	42	46:53
Ilseburg/Markt	3.30	19:19	5:51	4	1:49	66	7:09	26.20	2:54:06	6:38	2	11:12	44	54:02