



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Schökel, Tomke

Club: E.ON  
Number: 353

Course: 26.20 km  
26,2 km - Lauf

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 2:54:16

Speed: 8.95 km/h  
Running performance: 6:39 min/km

Rank in course/Total: 350 (of 506)

Rank in course/Women: 45 (of 90)

Best time in course: 2:00:04

Rank in category: 7(of 8)

Best time in the category: 2:23:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	20:12	6:07	5	3:28	30	5:31	3.30	20:12	6:07	5	3:28	30	5:31
Bremer Hütte	2.40	19:25	8:05	7	4:46	53	6:24	5.70	39:37	6:57	6	8:14	42	11:55
Hermannsklippe	3.30	26:48	8:07	7	6:39	54	8:42	9.00	1:06:25	7:22	6	14:53	50	20:37
Brocken	3.10	36:15	11:41	7	8:40	57	12:48	12.10	1:42:40	8:29	7	23:23	53	33:11
Eiserner Handwe	3.60	20:19	5:38	6	3:38	38	6:58	15.70	2:02:59	7:50	7	26:20	51	40:09
Bremer Hütte	4.10	23:12	5:39	7	3:07	40	6:46	19.80	2:26:11	7:22	7	28:38	49	46:55
Loddenke	3.10	12:01	3:52	5	1:51	31	3:23	22.90	2:38:12	6:54	7	29:37	46	50:18
Ilseburg/Markt	3.30	16:04	4:52	3	2:31	20	3:54	26.20	2:54:16	6:39	7	30:56	45	54:12