



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Fuhrberg, Reinhard

Club: Post SV Lehrte
Number: 541

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 2:55:13

Speed: 8.90 km/h
Running performance: 6:41 min/km

Rank in course/Total: 356 (of 506)

Rank in course/Men: 309 (of 416)

Best time in course: 1:44:43

Rank in category: 4(of 15)

Best time in the category: 2:31:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:16	7:03	9	3:46	376	9:50	3.30	23:16	7:03	9	3:46	376	9:50
Bremer Hütte	2.40	18:36	7:45	4	1:36	323	7:30	5.70	41:52	7:20	6	5:18	354	17:20
Hermannsklippe	3.30	24:40	7:28	4	2:25	314	9:48	9.00	1:06:32	7:23	6	7:43	344	27:07
Brocken	3.10	32:18	10:25	5	3:22	288	13:57	12.10	1:38:50	8:10	4	11:05	324	41:04
Eiserner Handwe	3.60	22:12	6:09	6	4:33	319	9:40	15.70	2:01:02	7:42	4	15:38	321	50:44
Bremer Hütte	4.10	24:19	5:55	4	3:50	289	9:25	19.80	2:25:21	7:20	4	19:28	320	59:52
Loddenke	3.10	12:31	4:02	3	1:49	254	4:33	22.90	2:37:52	6:53	4	21:17	315	1:04:25
Ilseburg/Markt	3.30	17:21	5:15	4	2:34	252	6:05	26.20	2:55:13	6:41	4	23:51	309	1:10:30