



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Schwenke, Jan

Club: E.ON
Number: 368

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:55:24

Speed: 8.89 km/h
Running performance: 6:41 min/km

Rank in course/Total: 357 (of 506)

Rank in course/Men: 310 (of 416)

Best time in course: 1:44:43

Rank in category: 38(of 48)

Best time in the category: 1:44:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:42	7:10	47	10:16	385	10:16	3.30	23:42	7:10	47	10:16	385	10:16
Bremer Hütte	2.40	18:27	7:41	40	7:20	313	7:21	5.70	42:09	7:23	44	17:36	361	17:37
Hermannsklippe	3.30	24:53	7:32	42	10:01	320	10:01	9.00	1:07:02	7:26	45	27:37	352	27:37
Brocken	3.10	31:07	10:02	35	12:46	251	12:46	12.10	1:38:09	8:06	40	40:23	320	40:23
Eiserner Handwe	3.60	19:59	5:33	26	7:27	229	7:27	15.70	1:58:08	7:31	39	47:50	303	47:50
Bremer Hütte	4.10	25:07	6:07	40	9:56	330	10:13	19.80	2:23:15	7:14	38	57:46	306	57:46
Loddenke	3.10	13:10	4:14	34	5:12	293	5:12	22.90	2:36:25	6:49	38	1:02:58	305	1:02:58
Ilseburg/Markt	3.30	18:59	5:45	42	7:43	335	7:43	26.20	2:55:24	6:41	38	1:10:41	310	1:10:41