



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Borowiak, Matthias

Club: Magdeburg
Number: 66

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:55:26

Speed: 8.96 km/h
Running performance: 6:42 min/km

Rank in course/Total: 358 (of 506)

Rank in course/Men: 311 (of 416)

Best time in course: 1:44:43

Rank in category: 36(of 45)

Best time in the category: 1:49:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:16	6:26	40	7:50	314	7:50	3.30	21:16	6:26	40	7:50	314	7:50
Bremer Hütte	2.40	18:40	7:46	40	7:34	326	7:34	5.70	39:56	7:00	38	15:24	320	15:24
Hermannsklippe	3.30	25:02	7:35	38	10:08	326	10:10	9.00	1:04:58	7:13	39	25:32	325	25:33
Brocken	3.10	33:54	10:56	38	14:54	327	15:33	12.10	1:38:52	8:10	40	40:26	326	41:06
Eiserner Handwe	3.60	21:15	5:54	34	8:10	284	8:43	15.70	2:00:07	7:39	37	47:52	314	49:49
Bremer Hütte	4.10	24:05	5:52	34	8:28	281	9:11	19.80	2:24:12	7:16	37	56:12	311	58:43
Loddenke	3.10	13:36	4:23	38	5:29	319	5:38	22.90	2:37:48	6:53	37	1:01:07	314	1:04:21
Ilseburg/Markt	3.30	17:38	5:20	31	6:09	268	6:22	26.20	2:55:26	6:41	36	1:06:07	311	1:10:43