



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Klughardt, Markus

Club: Windmühle Exter E.V.  
Number: 211

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:55:36

Speed: 8.95 km/h  
Running performance: 6:42 min/km

Rank in course/Total: 359 (of 506)

Rank in course/Men: 312 (of 416)

Best time in course: 1:44:43

Rank in category: 51(of 66)

Best time in the category: 1:51:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:37	6:14	41	7:11	287	7:11	3.30	20:37	6:14	41	7:11	287	7:11
Bremer Hütte	2.40	18:11	7:34	47	6:47	303	7:05	5.70	38:48	6:48	46	13:58	299	14:16
Hermannsklippe	3.30	24:58	7:33	51	9:25	322	10:06	9.00	1:03:46	7:05	47	23:23	310	24:21
Brocken	3.10	31:55	10:17	43	11:33	277	13:34	12.10	1:35:41	7:54	45	34:47	297	37:55
Eiserner Handwe	3.60	21:42	6:01	53	8:28	305	9:10	15.70	1:57:23	7:28	47	43:15	300	47:05
Bremer Hütte	4.10	25:49	6:17	60	10:19	348	10:55	19.80	2:23:12	7:13	50	52:52	305	57:43
Loddenke	3.10	13:31	4:21	52	5:31	316	5:33	22.90	2:36:43	6:50	49	57:32	306	1:03:16
Ilseburg/Markt	3.30	18:53	5:43	54	7:14	331	7:37	26.20	2:55:36	6:42	51	1:04:36	312	1:10:53