



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Hillebrand, Josef

Club: Non-Stop-Ultra Brakel
Number: 9

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:55:42

Speed: 8.88 km/h
Running performance: 6:43 min/km

Rank in course/Total: 361 (of 506)

Rank in course/Men: 314 (of 416)

Best time in course: 1:44:43

Rank in category: 9(of 20)

Best time in the category: 2:24:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:13	6:43	15	4:38	358	8:47	3.30	22:13	6:43	15	4:38	358	8:47
Bremer Hütte	2.40	20:08	8:23	15	5:21	362	9:02	5.70	42:21	7:25	15	9:59	364	17:49
Hermannsklippe	3.30	27:05	8:12	15	6:24	368	12:13	9.00	1:09:26	7:42	15	16:23	368	30:01
Brocken	3.10	34:27	11:06	10	8:00	335	16:06	12.10	1:43:53	8:35	15	24:23	361	46:07
Eiserner Handwe	3.60	20:09	5:35	8	3:18	237	7:37	15.70	2:04:02	7:54	12	26:56	348	53:44
Bremer Hütte	4.10	22:31	5:29	8	2:40	215	7:37	19.80	2:26:33	7:24	11	27:57	329	1:01:04
Loddenke	3.10	12:01	3:52	8	1:51	220	4:03	22.90	2:38:34	6:55	10	29:01	324	1:05:07
Ilseburg/Markt	3.30	17:08	5:11	7	2:17	242	5:52	26.20	2:55:42	6:42	9	30:51	314	1:10:59