



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Schmidt, Carsten

Club: Reppenstedt  
Number: 342

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:56:39

Speed: 8.90 km/h  
Running performance: 6:44 min/km

Rank in course/Total: 365 (of 506)

Rank in course/Men: 316 (of 416)

Best time in course: 1:44:43

Rank in category: 52(of 66)

Best time in the category: 1:51:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:06	6:23	45	7:40	306	7:40	3.30	21:06	6:23	45	7:40	306	7:40
Bremer Hütte	2.40	17:14	7:10	41	5:50	256	6:08	5.70	38:20	6:43	44	13:30	290	13:48
Hermannsklippe	3.30	23:58	7:15	45	8:25	288	9:06	9.00	1:02:18	6:55	44	21:55	287	22:53
Brocken	3.10	34:36	11:09	55	14:14	337	16:15	12.10	1:36:54	8:00	49	36:00	307	39:08
Eiserner Handwe	3.60	21:12	5:53	46	7:58	282	8:40	15.70	1:58:06	7:31	48	43:58	302	47:48
Bremer Hütte	4.10	24:41	6:01	53	9:11	309	9:47	19.80	2:22:47	7:12	49	52:27	304	57:18
Loddenke	3.10	14:26	4:39	58	6:26	347	6:28	22.90	2:37:13	6:51	51	58:02	309	1:03:46
Ilseburg/Markt	3.30	19:26	5:53	58	7:47	350	8:10	26.20	2:56:39	6:44	52	1:05:39	316	1:11:56