



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Franke, Christoph

Club: Magdeburg
Number: 466

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:56:41

Speed: 8.90 km/h
Running performance: 6:44 min/km

Rank in course/Total: 366 (of 506)

Rank in course/Men: 317 (of 416)

Best time in course: 1:44:43

Rank in category: 37(of 45)

Best time in the category: 1:49:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:29	6:30	41	8:03	330	8:03	3.30	21:29	6:30	41	8:03	330	8:03
Bremer Hütte	2.40	18:42	7:47	41	7:36	329	7:36	5.70	40:11	7:02	39	15:39	325	15:39
Hermannsklippe	3.30	25:26	7:42	40	10:32	338	10:34	9.00	1:05:37	7:17	41	26:11	329	26:12
Brocken	3.10	33:45	10:53	37	14:45	320	15:24	12.10	1:39:22	8:12	41	40:56	333	41:36
Eiserner Handwe	3.60	21:48	6:03	35	8:43	306	9:16	15.70	2:01:10	7:43	38	48:55	324	50:52
Bremer Hütte	4.10	25:08	6:07	38	9:31	332	10:14	19.80	2:26:18	7:23	39	58:18	327	1:00:49
Loddenke	3.10	12:32	4:02	30	4:25	255	4:34	22.90	2:38:50	6:56	39	1:02:09	326	1:05:23
Ilseburg/Markt	3.30	17:51	5:24	34	6:22	280	6:35	26.20	2:56:41	6:44	37	1:07:22	317	1:11:58