



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Deinlein, Uwe

Club: Cottbuser Parkläufer
Number: 86

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:56:48

Speed: 8.89 km/h
Running performance: 6:45 min/km

Rank in course/Total: 367 (of 506)

Rank in course/Men: 318 (of 416)

Best time in course: 1:44:43

Rank in category: 45(of 52)

Best time in the category: 2:08:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:43	5:58	35	3:20	235	6:17	3.30	19:43	5:58	35	3:20	235	6:17
Bremer Hütte	2.40	19:12	8:00	45	5:18	345	8:06	5.70	38:55	6:49	43	8:31	303	14:23
Hermannsklippe	3.30	24:59	7:34	45	6:31	323	10:07	9.00	1:03:54	7:05	45	15:02	312	24:29
Brocken	3.10	35:46	11:32	44	13:23	357	17:25	12.10	1:39:40	8:14	45	26:44	339	41:54
Eiserner Handwe	3.60	22:19	6:11	45	8:06	325	9:47	15.70	2:01:59	7:46	45	33:30	334	51:41
Bremer Hütte	4.10	24:46	6:02	42	7:29	310	9:52	19.80	2:26:45	7:24	45	40:57	334	1:01:16
Loddenke	3.10	13:27	4:20	41	4:30	313	5:29	22.90	2:40:12	6:59	45	45:15	332	1:06:45
Ilseburg/Markt	3.30	16:36	5:01	27	3:38	208	5:20	26.20	2:56:48	6:44	45	48:39	318	1:12:05