



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Sabados-Loges, Pia

Club: Montellino
Number: 323

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:57:34

Speed: 8.85 km/h
Running performance: 6:47 min/km

Rank in course/Total: 375 (of 506)

Rank in course/Women: 51 (of 90)

Best time in course: 2:00:04

Rank in category: 9(of 15)

Best time in the category: 2:11:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	21:14	6:26	9	5:28	48	6:33	3.30	21:14	6:26	9	5:28	48	6:33
Bremer Hütte	2.40	18:29	7:42	6	4:17	40	5:28	5.70	39:43	6:58	7	9:45	43	12:01
Hermannsklippe	3.30	23:12	7:01	4	4:07	24	5:06	9.00	1:02:55	6:59	4	13:52	34	17:07
Brocken	3.10	34:05	10:59	9	9:23	46	10:38	12.10	1:37:00	8:00	7	23:15	38	27:31
Eiserner Handwe	3.60	24:00	6:39	12	8:10	74	10:39	15.70	2:01:00	7:42	8	31:25	47	38:10
Bremer Hütte	4.10	25:55	6:19	9	7:37	69	9:29	19.80	2:26:55	7:25	9	39:02	51	47:39
Loddenke	3.10	14:40	4:43	12	5:12	68	6:02	22.90	2:41:35	7:03	9	44:14	52	53:41
Ilseburg/Markt	3.30	15:59	4:50	4	1:43	18	3:49	26.20	2:57:34	6:46	9	45:57	51	57:30