



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Erdmann, Gerhard

Club: Rübeland
Number: 12

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:57:43

Speed: 8.78 km/h
Running performance: 6:47 min/km

Rank in course/Total: 377 (of 506)

Rank in course/Men: 326 (of 416)

Best time in course: 1:44:43

Rank in category: 11(of 20)

Best time in the category: 2:24:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:38	6:33	12	4:03	336	8:12	3.30	21:38	6:33	12	4:03	336	8:12
Bremer Hütte	2.40	19:29	8:07	12	4:42	350	8:23	5.70	41:07	7:12	12	8:45	345	16:35
Hermannsklippe	3.30	26:03	7:53	13	5:22	352	11:11	9.00	1:07:10	7:27	13	14:07	354	27:45
Brocken	3.10	33:49	10:54	8	7:22	324	15:28	12.10	1:40:59	8:20	11	21:29	348	43:13
Eiserner Handwe	3.60	21:24	5:56	11	4:33	294	8:52	15.70	2:02:23	7:47	11	25:17	337	52:05
Bremer Hütte	4.10	23:36	5:45	9	3:45	269	8:42	19.80	2:25:59	7:22	10	27:23	326	1:00:30
Loddenke	3.10	12:46	4:07	10	2:36	271	4:48	22.90	2:38:45	6:55	11	29:12	325	1:05:18
Ilseburg/Markt	3.30	18:58	5:44	14	4:07	334	7:42	26.20	2:57:43	6:46	11	32:52	326	1:13:00