



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Landwehr, Stefan

Club: Erfurt
Number: 234

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:57:59

Speed: 8.83 km/h
Running performance: 6:47 min/km

Rank in course/Total: 378 (of 506)

Rank in course/Men: 327 (of 416)

Best time in course: 1:44:43

Rank in category: 54(of 66)

Best time in the category: 1:51:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:23	6:28	52	7:57	325	7:57	3.30	21:23	6:28	52	7:57	325	7:57
Bremer Hütte	2.40	19:31	8:07	59	8:07	355	8:25	5.70	40:54	7:10	55	16:04	343	16:22
Hermannsklippe	3.30	25:17	7:39	53	9:44	334	10:25	9.00	1:06:11	7:21	54	25:48	336	26:46
Brocken	3.10	33:52	10:55	52	13:30	326	15:31	12.10	1:40:03	8:16	55	39:09	342	42:17
Eiserner Handwe	3.60	20:45	5:45	43	7:31	260	8:13	15.70	2:00:48	7:41	52	46:40	318	50:30
Bremer Hütte	4.10	24:30	5:58	50	9:00	299	9:36	19.80	2:25:18	7:20	54	54:58	318	59:49
Loddenke	3.10	13:55	4:29	55	5:55	330	5:57	22.90	2:39:13	6:57	54	1:00:02	327	1:05:46
Ilseburg/Markt	3.30	18:46	5:41	53	7:07	325	7:30	26.20	2:57:59	6:47	54	1:06:59	327	1:13:16