



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Marx, Oliver

Club: Magdeburg
Number: 260

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:58:01

Speed: 8.76 km/h
Running performance: 6:47 min/km

Rank in course/Total: 379 (of 506)

Rank in course/Men: 328 (of 416)

Best time in course: 1:44:43

Rank in category: 55(of 66)

Best time in the category: 1:51:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:19	6:27	51	7:53	323	7:53	3.30	21:19	6:27	51	7:53	323	7:53
Bremer Hütte	2.40	18:59	7:54	54	7:35	337	7:53	5.70	40:18	7:04	52	15:28	331	15:46
Hermannsklippe	3.30	27:08	8:13	61	11:35	371	12:16	9.00	1:07:26	7:29	57	27:03	356	28:01
Brocken	3.10	36:53	11:53	60	16:31	374	18:32	12.10	1:44:19	8:37	59	43:25	364	46:33
Eiserner Handwe	3.60	21:23	5:56	51	8:09	291	8:51	15.70	2:05:42	8:00	59	51:34	359	55:24
Bremer Hütte	4.10	24:06	5:52	48	8:36	283	9:12	19.80	2:29:48	7:33	59	59:28	351	1:04:19
Loddenke	3.10	12:17	3:57	40	4:17	236	4:19	22.90	2:42:05	7:04	58	1:02:54	343	1:08:38
Ilseburg/Markt	3.30	15:56	4:49	34	4:17	174	4:40	26.20	2:58:01	6:47	55	1:07:01	328	1:13:18