



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Braun, Daniela

Club: sc magdeburg
Number: 557

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:58:56

Speed: 8.72 km/h
Running performance: 6:50 min/km

Rank in course/Total: 386 (of 506)

Rank in course/Men: 335 (of 416)

Best time in course: 1:44:43

Rank in category: 51(of 58)

Best time in the category: 1:54:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:02	6:22	50	6:57	302	7:36	3.30	21:02	6:22	50	6:57	302	7:36
Bremer Hütte	2.40	20:14	8:25	54	7:43	366	9:08	5.70	41:16	7:14	54	14:37	347	16:44
Hermannsklippe	3.30	26:48	8:07	54	10:10	364	11:56	9.00	1:08:04	7:33	54	24:26	361	28:39
Brocken	3.10	34:53	11:15	51	14:16	343	16:32	12.10	1:42:57	8:30	54	38:38	359	45:11
Eiserner Handwe	3.60	20:46	5:46	46	7:29	261	8:14	15.70	2:03:43	7:52	52	45:42	345	53:25
Bremer Hütte	4.10	23:40	5:46	46	8:09	270	8:46	19.80	2:27:23	7:26	51	53:51	338	1:01:54
Loddenke	3.10	12:41	4:05	42	4:21	263	4:43	22.90	2:40:04	6:59	51	58:12	331	1:06:37
Ilseburg/Markt	3.30	18:52	5:43	50	6:25	330	7:36	26.20	2:58:56	6:49	51	1:04:37	335	1:14:13